

Love rules in the land over the hill - How relationship priorities differ between the Young At Heart and the Young (and the restless)

The differences between the young at heart older couples and the younger couples surface in many areas of our daily life. Yes, even though couples of all ages experience conflicts pertaining to similar issues like commitment, security, career, finances, how much time they get to spend with each other, and other roles and duties, there will always be an obvious generation gap and hence there will always be a difference in the relationship priorities placed by the older couples than those placed by the younger ones. Also, older couples and younger couples generally feel quite differently about how problems should be solved, what their relationship priorities should be and what really interests them.

The principles behind maintaining and building a relationship have been an active source of philosophical study and conversation for thousands and thousands of years. One basic difference between more mature couples and the younger ones are their priorities. Which in turn affects the choices that they make and the kind of lifestyle they end up leading. For instance, younger couples find it more important to work than to spend time with their children, while older couples on the other hand, have experienced a lot more in life and find spending more time with their children a lot more satisfying and fulfilling. While some younger couples are getting better at balancing the situation, even historically this has been a major cause for problems in relationships. Younger couples are more career oriented while older couples have already established their careers and are on the brink of retirement!

Although commitment has always been important for couples of all ages, older couples tend to be a lot more insecure regarding this area, especially those couples that have survived the death of a spouse or a divorce. Most of these older couples have had to deal with a lot of stress, loneliness and insecurity, making them a lot more vulnerable. As the famous saying goes 'Once bitten twice shy', older couples are a lot more commitment focused than their younger counterparts. On the other hand, the younger couples all over the world are also commitment focused, but they lay more emphasis on factors like marriage and starting a family, whereas older couples have already experienced all of this and are only looking for love and companionship. To put it in short, they've been there and done that.

Younger couples are a more driven force and look out for a relationship that provides them with security and financial security. When you're younger, you're more driven; when you're older, you're more relaxed. Older couples are generally quite secure financially and this does not even become a priority for them, whereas it is a priority for younger couples that are looking to get married shortly. Another major relationship priority difference is family. Most older couples already have families and so they don't have to base their relationship on starting